

SSR SPRING MEETING AGENDA

Date: Friday 30th May 2025 Venue: Glasgow Caledonian University Organisers: Dr Sean Kerrigan, Donna Hood and Ellen Forde

Event approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 4 category 1 (external) CPD credit(s).

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SCHEDULE

- 08:45 Coffee & Registration
- 09:15 Welcome Address
- 09:30 10:15 Translational Neuroinflammation; Current Research Prof. Neil Basu (Professor of Musculoskeletal Medicine & Vasculitis; University of Glasgow)
- 10:15 -11:00 Rheumatology Telephone AdviceLines: Findings from a National Survey' Prof. Sarah Ryan

(Nurse Consultant Rheumatology, Professor of Rheumatology Nursing, Midlands Partnership University NHS Foundation Trust)



11:00 - 11:15 – Coffee Break

11:15 – 12:00 – Personalised Medicine in RA/PsA ; Horizon Scanning Prof. IB McInnes CBE (Vice Principal and Head of College of Medical, Veterinary and Life Sciences, Muirhead Chair of Medicine and Versus Arthritis Professor of Rheumatology; University of Glasgow)

12:00 - 13:30 - Lunch

13:30 - 14:15 - Systemic Sclerosis, Update and Recent Guidelines Prof. Ariane Herrick (Professor of Rheumatology at University of Manchester and Consultant Rheumatologist at NHS Grampian)

14:15 - 14:45 - Coffee Break

14:45 - 15:30 – Clinical Nurse Specialist Value and Patient Safety Prof. Alison Leary MBE FRCN (Professor of Healthcare and Workforce Modelling, Deputy President of RCN, Senior Consultant at the World Health Organisation)

15:30 - 16:15 - Abstracts/Poster Oral Presentations

16:30 – Close

SPEAKER BIOS

Prof. Neil Basu



Prof Neil Basu is Professor of Musculoskeletal Medicine & Vasculitis at the University of Glasgow. He originally trained at the Universities of Edinburgh and Aberdeen and most recently he worked in the worldrenowned Chronic Pain and Fatigue Research Centre at the University of Michigan.

His research is entirely inspired by his clinical practice where he has always been drawn to areas of considerable need. In particular, he leads programmes of work which investigate the immunobiology of systemic

vasculitis and mechanisms of Central Nervous System determined behaviours in inflammatory disease.

Since 2015, he has won more than 35 grants from UKRI, EU, NIHR, CSO, Versus Arthritis and industry. In the last 6 years he has authored 53 publications (n=28 as first/senior author) and



his citations currently exceed 1000/year. In 2020, The British Society of Rheumatology awarded him their prestigious Michael Mason Award for research excellence in the field of rheumatology.

Among his many other roles, he is past elected chair of the UK & Ireland vasculitis society, an editor of *Arthritis & Rheumatology*, member of multiple international scientific committees, research lead of NHS Scotland's Vasculitis Managed Clinical Network, chair of speciality specific COVID taskforces, NICE speciality adviser, board member of a national vasculitis charity and research advisory group/grant panel member for major funders, including Versus Arthritis and NIHR.

Prof. Sarah Ryan



Sarah Ryan is a Professor of Rheumatology Nursing at the Midlands Partnership University NHS Foundation Trust. Sarah works clinically 2 days a week supporting people with inflammatory arthritis. Sarah's academic interests are focused on patient and health professional education. Sarah is editor of Musculoskeletal Care.

In 2003 Sarah was made a fellow of the Royal College of Nursing and in 2019 received the Droitwich award, from the British Society of Rheumatology in recognition of her contribution as a health professional to the field of rheumatology. Sarah received a NIHR senior research leader award in 2024 and is developing a clinical academic research academy to support nursing research.

Sarah's current research is focusing on supporting nurses in delivering telephone advice line services and Sarah is working in partnership with BSR to develop e-learning training resources.

Prof. lain McInnes



Professor lain McInnes is Vice Principal and Head of the College of Medical, Veterinary and Life Sciences, Muirhead Chair of Medicine and Versus Arthritis Professor of Rheumatology at the University of Glasgow. He is also Director of the Versus Arthritis Centre of Excellence for Inflammatory Arthritis, led from Glasgow and including Universities of Oxford, Newcastle, and Birmingham.

lain is one of the leading figures in global research into rheumatoid and psoriatic arthritis. His work has been hugely influential in driving new approaches and treatments for inflammatory diseases. Over two decades,

he has led numerous clinical trials and pathogenesis investigation programmes in inflammatory arthritis at an international level. His work has focused upon the biology of inflammatory cytokines in arthritis and extended to other inflammatory diseases, as well as the mechanisms of co-morbidities in chronic diseases. He has additionally pioneered the area of precision medicine in inflammatory arthritis.

He was Chief Investigator of the IMID-Bio-UK meta-consortium leading the UK effort to discover precision medicine tractable biomarkers for application in immune diseases. He is past



Chairman of the FOREUM (Foundation for European Rheumatology Research) Scientific Committee, recently lead the European Roadmap programme that defined the research agenda for European rheumatology for the next decade and, from 2019-2021, was President of EULAR, the leading transnational society for rheumatology across Europe.

He is a Fellow of the Royal Society of Edinburgh and Fellow of the Academy of Medical Sciences. He was made Commander of the Order of the British Empire (CBE) in 2019 by HM Queen Elizabeth II.

Prof. Ariane Herrick



Ariane Herrick is Professor of Rheumatology at the University of Manchester and Consultant Rheumatologist, NHS Grampian, with honorary appointments at Northern Care Alliance NHS Foundation Trust and the University of Aberdeen. Her main clinical and research interests are Raynaud's phenomenon, systemic sclerosis-spectrum disorders, and assessment of the microvasculature (including capillaroscopy). She is a past president of the Scleroderma Clinical Trials Consortium (SCTC), a co-chair of the EULAR study group 'Microcirculation in Rheumatic Diseases' and a vice-president of Scleroderma and Raynaud's UK (SRUK).

Prof. Alison Leary



Alison Leary MBE FRCN FQICN is Professor of Healthcare & Workforce Modelling at London South Bank University and a Senior Consultant, World Health Organization Human Resources for Health Group. She has an interest in modelling complex systems and has modelled the work of nurses working is specialisms. She is a Fellow of the Royal College of Nursing and Queen's Institute for Community Nursing. She was awarded an MBE in 2019 for her work modelling safety in the English Football League.